

April 2024

April is Counseling Awareness Month

By Caleb Kunkle, Director of Behavioral Health

April is Counseling Awareness Month, a time to celebrate the importance of counseling professionals, raise awareness of mental health and erase the stigma of seeking help for mental illnesses. Greenleaf honors our counselors for their contributions to society and the individuals and families we serve.

I've been fortunate to know several excellent professionals that care about their clients and work to preserve the integrity of the field. However, I've never been around a more exemplary set of clinicians than those at Greenleaf Family Center.

Most clinicians care about helping others. It's one of the foundational requirements for employment in the field. I've never seen more compassion for others than the compassion I see with the staff here. Their care for their clients comes out in their sessions, in positive feedback from their clients, and in the way they discuss their cases with me.

It's also no surprise that this compassion follows in other areas of their lives. They serve in their communities, from helping to care for ailing family members, to volunteering at church. What impresses me most, the thing I've never experienced at other agencies, and makes Greenleaf such a unique place to work, is that the clinicians also care deeply for one another. It's as true of the veterans that have spent greater than 10 years in the field as it is for those just starting out in their careers. They pick each other up to help ease one another's burdens. They celebrate successes, mourn losses, support one another, process, laugh and commiserate together.

Without a doubt, we have clinicians of the highest quality, with superior clinical skills. Our clinicians work with integrity of the highest standards and they serve as wonderful ambassadors for our field. I am privileged to know a group of clinicians that work so beautifully together.

Join Us! 15th Annual Night at the Races - June 22, 2024

We hope to see you at our upcoming signature event, **Night at the Races** on **Saturday, June 22, 2024.** This action-packed horse racing event is always a fan favorite! Be sure to get your tickets for this fun-filled evening of horse



racing, raffles, sideboards, and great food to support our mission of offering counseling, education, and support programs to those in need.

Participate in our live auction for 2 seats on a ride on the **Goodyear Blimp**! Don't miss this once in a lifetime opportunity.

We look forward to seeing you at St. George Antiochian Orthodox Church in Fairlawn.

Click here for tickets, horse names, race sponsorships and more!



Program News



Our Partner, Project Milk Mission, Provided Support Groups for Breastfeeding Moms

Our Moms and Babies First program, along with our partner, **Project Milk Mission**, hosted two informative and fun support groups for breastfeeding Moms in February. The first session focused on

breastfeeding/self care and our 2nd session focused on breastfeeding/postpartum. We are grateful for the support from Project Milk Mission! Continue to watch our Facebook page for more upcoming activities.









Project MKC's Diaper Bank Program Impacts our Clients



Greenleaf is proud to partner with Project MKC, a 501 (c)(3) nonprofit organization located in Youngstown, dedicated to serving the most vulnerable children in Northeast Ohio. Their funding comes exclusively through donations from the community. Through our partnership, we receive diapers and other needed items for distribution to individuals in our community free of charge.

In 2023, Project MKC made an enormous impact on the families we serve and we are grateful for their support. Last year alone,

Project MKC's diaper bank distributed the following supplies valued at over \$9,400 to local children and families in need:

- 36,055 diapers
- 54,700 wipes
- 13,362 period supplies
- 48 toiletry kits

Project MCK also adopted our families over the holidays, provided cleaning supply baskets, stuffed animals, clothing, formula, toys, food and school supplies to families in the area. We thank them for this important partnership. To find out more about Project MKC or to make a donation, visit their **website**.

Greenleaf Supports Child Abuse Prevention Month



On, Wednesday, April 10, Greenleaf staff proudly wore BLUE for Child Abuse Prevention Month and to support our partners at **Summit County Children Services**. We join the movement to stop child abuse and neglect.

Greenleaf Receives Gold Seal of Transparency

Greenleaf recently earned a 2024 Candid Gold Seal of Transparency! Check out our nonprofit profile to keep up to date with our impact by clicking **here**. Keep this link handy, we want to make sure you always have the information you need to support our work with trust and confidence. Gold Transparency **2024**

Candid.

Donate Today

Donors like you make it possible for Greenleaf to deliver life changing care.



Did you know that a <u>\$25</u> donation would provide books and therapy tools to help children in counseling?

Or that a <u>\$50</u> donation provides group therapy for a single mom struggling from trauma and hoping to gain better parenting skills?

YOUR contribution helps us to do everything we can to strengthen individuals and families.

www.greenleafctr.org

Stay connected with us.



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